



Northampton Community College

NAME: Linda N. Arra		ADDRESS: Virtual	
TELEPHONES: (610) 390-4083			
EMAIL: LindaArraCoaching@gmail.com		WEBSITE: No	
DEGREE/LICENSE: M.Ed. in Counseling, LPC, NCC		THERAPY APPROACH/ORIENTATION: Coaching: Strengths-Based, positive psychology	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
	Grief & Loss		Groups (Please list):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other
	Sexual Assault/Rape		Employment services, autism services, teen summer experience, thrift store, behavioral supports
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Job search, resumes, LinkedIn, graduate school	ACCOMMODATIONS FOR DISABLED: Handicap accessible, experience w/ADHD, autistic
		Advising women re-entering job market	# YEARS IN PRACTICE: 4 yrs. Private practice, 20+ career counseling for college students & alumni
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: International students	
FEES:	Initial Consultation	\$free	INSURANCES ACCEPTED: Cannot accept insurance – no diagnosis code available for career counseling
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/28/23



Northampton Community College

NAME: Natalie Asayag		ADDRESS: 641 N. 13 th St. Easton, PA 18042	
TELEPHONES: (908) 899-1917			
EMAIL: natalie@renewwellnesspsychotherapy.com		WEBSITE: www.renewwellnesspsychotherapy.com	
DEGREE/LICENSE: LCSW		THERAPY APPROACH/ORIENTATION: Eating disorder specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
X	Eating Disorders		Family
	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		Employment services, autism services, teen summer experience, thrift store, behavioral supports
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other	Autism, cerebral palsy, down syndrome	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 11
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: BCBS of Massachusetts, Aetna, Cigna, Oscar Health, United Healthcare, Oxford
	Individual Therapy	\$165	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 1/10/24

NAME: Elle Schwan Avery		ADDRESS: 7540 Windsor Drive, Suite 106 Allentown, PA 18195	
TELEPHONES: (610) 435-9949			
EMAIL:		WEBSITE:	
DEGREE/LICENSE: M.Ed., LPC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Bipolar disorder	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Amerihealth, Blue Cross/Shield, Capital Blue Cross, Highmark, Horizon Blue Cross/Shield, Integrated Behavioral Health, Multiplan, Spectrum, Valley Preferred
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
		Updated 10/17/22	



Northampton Community College

NAME: Ashley Baldwin		ADDRESS: 40 South 4 th Street Emmaus, PA 18049	
TELEPHONES: (610) 762-8690			
EMAIL: shlbldwn@gmail.com		WEBSITE: rootedcounseling.squarespace.com	
DEGREE/LICENSE: MA, LPC, NCC		THERAPY APPROACH/ORIENTATION: Integrative, client-centered	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Self-esteem	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		9+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Independence Blue Cross, Integrated Behavioral Health, Optum, Populytics, Valley Preferred, United Healthcare, private pay
	Individual Therapy	\$80	
	Couples/Family	\$100	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 04/15/24

NAME: Frank Barbehenn, Psy.D		ADDRESS: Psychological Counseling Services 623 W. Union Blvd. Bethlehem, PA 18018	
TELEPHONES: (610) 867-9090		WEBSITE: www.psychologicalcounselingsvcs.com	
EMAIL: info@psychologicalcounselingsvcs.com		DEGREE/LICENSE: MS. Psy.D.	
DEGREE/LICENSE: MS. Psy.D.		THERAPY APPROACH/ORIENTATION: CBT, spiritual	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
X	Substance Abuse/Addictions		behavioral supports
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Spiritual, parenting, codependency	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Amerihealth (commercial), Blue Cross/Shield, Capital Blue Cross, Geisinger, Highmark, Highmark Senior Health, Magellan
	Individual Therapy	\$125	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

AME: Stephanie Barnett, LPC		ADDRESS: Lehigh Valley Counselors 2045 Westgate Dr., Suite 206 Bethlehem, PA 18017	
TELEPHONES: (610) 596-4222			
EMAIL:		WEBSITE: https://lehighvalleycounselors.com	
DEGREE/LICENSE: M.Div., LPC, CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Groups <i>(Please list):</i>
X	Grief & Loss		Self-esteem, virtual
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
	Women's Issues		
X	Other	First Responders, gambling, life skills	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, CIGNA, Geisinger, Highmark, Magellan, Optum, Populytics, TRICARE, Others, No Medicare or Medicaid
	Individual Therapy	\$130	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/15/23			



Northampton Community College

NAME: Rosaan Barker, MSW, MPA			ADDRESS: United Venture Consultants, LLC		
TELEPHONES: (484) 538-0878					
EMAIL: unitedventureconsultants@gmail.com			WEBSITE:		
DEGREE/LICENSE: Social Work/Public Administration			THERAPY APPROACH/ORIENTATION: Career decisions, veterans		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation			Child/Adolescent	
	Anxiety/Panic			Couples	
X	Career Decisions/Exploration			Crisis Intervention	
	Depression			Education Testing	
	Disability/Chronic Illness			Marriage	Family
	Eating Disorders			Groups <i>(Please list):</i>	
	Grief & Loss		X	Psychological, Safety at Work, Interpersonal Communication, Career Transitions	
	Learning Disabilities				
	LGBTQ Issues				
X	Men's Issues			Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
X	Women's Issues				
X	Other	Bullying, mentoring, diversity,	ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE: 30+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: N/A		
	Individual Therapy	\$100.00			
	Couples/Family	\$150.00			
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
				Updated 11/15/23	



Northampton Community College

NAME: Kayla Bolza		ADDRESS: 2132 South 12 th Street Suite 402, Allentown, PA, 18103	
TELEPHONES: 267-946-9098		WEBSITE: Hlpsych.com	
EMAIL: kaylabolza@gmail.com		DEGREE/LICENSE: Counseling/LPC	
DEGREE/LICENSE: Counseling/LPC		THERAPY APPROACH/ORIENTATION: Client-centered /cbt	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
			ACCOMMODATIONS FOR DISABLED: Yes
			# YEARS IN PRACTICE: 4
LANGUAGES SPOKEN BESIDES ENGLISH: N/A		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$105	INSURANCES ACCEPTED: Capitla Blue Cross, Highmark, Blue Cross Blue Shield, Aetna, Independence, United, Geisinger
	Individual Therapy	\$105	
	Couples/Family	\$N/A	
SLIDING SCALE AVAILABLE:			
	Yes		No X
			Updated 12/18/2023



Northampton Community College

NAME: Ziona Brotleit		ADDRESS: Bethlehem	
TELEPHONES: 610-572-4602			
EMAIL:		WEBSITE: https://www.psychologytoday.com/us/therapists/ziona-brotleit-bethlehem-pa/202160	
DEGREE/LICENSE: Licensed Psychologist, M.A.		THERAPY APPROACH/ORIENTATION: CBT, Somatic, Integrative, Interpersonal, Psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE: 35	
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Shield, BlueCross and BlueShield, Capital Blue Cross, Highmark, Independence Blue Cross, Magellan, Optum, Out of Network
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 3/8/2024			

NAME: Jennifer Bruno, LCSW			ADDRESS: Fruitful Seeds Counseling, LLC 541 East Broad Street Bethlehem, PA 18018		
TELEPHONES: 610-557-3546			WEBSITE:		
EMAIL: fruitfulseedscounseling@gmail.com			DEGREE/LICENSE: Clinical Social Work/Therapist, LCSW		
DEGREE/LICENSE: Clinical Social Work/Therapist, LCSW			THERAPY APPROACH/ORIENTATION:		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration			Crisis Intervention	
X	Depression			Education Testing	
	Disability/Chronic Illness			Marriage	Family
	Eating Disorders			Groups <i>(Please list):</i>	
X	Grief & Loss				
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
X	Personality Disorders			Pastoral Counseling	
	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
X	Women's Issues				
	Other				
			ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE: 6		
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:		
	Individual Therapy	\$ 100	All Savers, AvMed, Bind, Cigna and Evernorth, EAP:		
	Couples/Family	\$	Cigna, EAP:United Health/Optum, Golden Rule, Highmark, Humana, Medicare, Optum, Oscar Health, UMR, UnitedHealthcare UHC UBH		
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
			Updated 10/17/23		

NAME: Patricia Budd, Ph.D.		ADDRESS: 3005 Brodhead Rd., #130 Bethlehem, PA 18020	
TELEPHONES: (610) 868-7727		WEBSITE:	
EMAIL: Pbudd2940@aol.com		DEGREE/LICENSE: LPC, Ph.D.	
DEGREE/LICENSE: LPC, Ph.D.		THERAPY APPROACH/ORIENTATION: Cognitive Therapy	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$120	INSURANCES ACCEPTED: Aetna, BC/BS, Blue Card PPO, Capital Blue Cross, Highmark Blue Shield, Magellan, MH Net, United Healthcare, Value Options
	Individual Therapy	\$90	
	Couples/Family	\$90	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
		Updated 10/17/22	



Northampton Community College

NAME: Jill Buehler-Knerr		ADDRESS: 227 W. Broad St., Ste. 201 Bethlehem, PA 18018	
TELEPHONES: (610) 691-2455		WEBSITE: http://www.jillknerrcounseling.com	
EMAIL: Jbknerr@rcn.com		THERAPY APPROACH/ORIENTATION: Eclectic	
DEGREE/LICENSE: LCSW, LMFT			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
X	Disability/Chronic Illness	X	Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Employment services, autism services,
	Sexual Assault/Rape		teen summer experience, thrift store,
X	Substance Abuse/Addictions		behavioral supports
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Life transition challenges, pre-marital	ACCOMMODATIONS FOR DISABLED: No	
		# YEARS IN PRACTICE: 23+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$130	INSURANCES ACCEPTED: Aetna, Capital Blue Cross, Highmark Blue Cross, most BC/BL plans
	Individual Therapy	\$100	
	Couples/Family	\$120	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Center for Integrated Behavioral Health		ADDRESS: 1 E. Broad St., Ste. 510 Bethlehem, PA 18018	
TELEPHONES: (610) 865-4300		WEBSITE: www.centerforibh.com	
EMAIL: info@centerforibh.com		DEGREE/LICENSE: Multiple clinicians – Master’s/Doctoral	
DEGREE/LICENSE: Multiple clinicians – Master’s/Doctoral		THERAPY APPROACH/ORIENTATION: CBT, DBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic/Stress		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
			Family
X	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men’s Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Psychological Assessment
	Relationship Issues/Divorce		
X	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women’s Issues		
X	Other	Bipolar disorder	ACCOMMODATIONS FOR DISABLED:
		Specific phobias	
		Trichotillomania/skin-picking	# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$185	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, ChoicePlus, Highmark, Integrated Behavioral Health, Magellan, UnitedHealthCare, Valley Preferred, check for network, reimbursement available
	Individual Therapy	\$150	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Fred Chamberlain, LPC		ADDRESS: Inner Resources Counseling, Inc. 807 W. Broad St. Bethlehem, PA 18018	
TELEPHONES: (610) 419-9415		WEBSITE: www.innerresourcescounseling.net	
EMAIL: innerresourcescounseling@gmail.com		THERAPY APPROACH/ORIENTATION: Eclectic	
DEGREE/LICENSE: MA, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Assertiveness	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			15+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$140	INSURANCES ACCEPTED: 1199SEIU, Aetna, AmeriHealth, AmeriHealth, PPO, Anthem, Beacon, Blue Care Network, Blue Cross/Shield, Cigna, Coventry, Empire BlueCross/Shield, First Health, Health America, Highmark, others
	Individual Therapy	\$140	
	Couples/Family Group	\$140	
		\$30	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Carol A. Corbett, Ph.D., LPC			ADDRESS: Wings of Change Counseling, LLC 2 N. Main St. Coopersburg, PA 18036		
TELEPHONES: (484) 863-1010			WEBSITE: www.wingsofchangellc.com		
EMAIL: cthomas@wingsofchangellc.com			DEGREE/LICENSE: Ph.D., LPC		
DEGREE/LICENSE: Ph.D., LPC			THERAPY APPROACH/ORIENTATION: Primary CBT		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
X	Career Decisions/Exploration		X	Crisis Intervention	
X	Depression			Education Testing	
	Disability/Chronic Illness		X	Marriage	Family
X	Eating Disorders			Groups <i>(Please list):</i>	
X	Grief & Loss				
	Learning Disabilities				
X	LGBTQ Issues				
X	Men's Issues		X	Individual	
X	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
X	Self-Injury		X	Other	Eating disorders IOP
X	Sexual Assault/Rape				
X	Substance Abuse/Addictions				
X	Trauma/PTSD				
X	Veterans Issues				
X	Women's Issues				
	Other				
			ACCOMMODATIONS FOR DISABLED:		
			No		
			# YEARS IN PRACTICE:		
			19+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
			INSURANCES ACCEPTED:		
FEES:	Initial Consultation	\$150	Beacon, Capital Blue Cross, CIGNA, Highmark Blue Cross/Blue Shield, IBH, Independence Blue Cross, Magellan (private), Populytics, Tricare, UBH, United, EAPs		
	Individual Therapy	\$130			
	Couples/Family	\$150			
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
					Updated 10/17/22

NAME: Anne Crothers		ADDRESS: 1644 W. Walnut St. (Rear) Allentown, PA 18102	
TELEPHONES: (610) 432-2168			
EMAIL: Healingworks2@outlook.com		WEBSITE: www.healingworksallentown.com	
DEGREE/LICENSE: M.Ed.		THERAPY APPROACH/ORIENTATION: Eclectic, spiritual, expressive	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Parental alienation		ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			25+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None
	Individual Therapy	\$90	
	Couples/Family Groups	\$85	
		\$30	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Frank M. Dattilio, Ph.D.			ADDRESS: 1251 S. Cedar Crest Blvd., #304D Allentown, PA 18103		
TELEPHONES: (610) 434-6960			WEBSITE: https://www.datilio.com		
EMAIL: frankdattilio@cs.com			DEGREE/LICENSE: PA licensed psychologist, Ph.D.		
DEGREE/LICENSE: PA licensed psychologist, Ph.D.			THERAPY APPROACH/ORIENTATION: Cognitive-Behavioral/Integrative		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
	Anger & Emotion Regulation			Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration		X	Crisis Intervention	
	Depression			Education Testing	
	Disability/Chronic Illness			Marriage	Family X
	Eating Disorders			Groups <i>(Please list):</i>	
	Grief & Loss				
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
X	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
X	Other	Forensic	ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE:		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for fees		
	Individual Therapy	\$			
	Couples/Family	\$			
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
				Updated 10/17/22	

NAME: Elizabeth Deboer Kreider, Ph.D.		ADDRESS: 15 E. Walnut St. Nazareth, PA 18064	
TELEPHONES: (610) 365-5042		WEBSITE: www.drlyz.com	
EMAIL: info@drlyz.com		DEGREE/LICENSE: Ph.D.	
DEGREE/LICENSE: Ph.D.		THERAPY APPROACH/ORIENTATION: Insight oriented, interpersonal, psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration	X	Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family
X	Eating Disorders	X	Groups (<i>Please list</i>): Women's Empowerment Therapy Group, Adult Interpersonal Process Therapy Group
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Parenting, Interpersonal	ACCOMMODATIONS FOR DISABLED:
		Relating, mind/body connection	ADA Compliant
			# YEARS IN PRACTICE:
			10
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$185	INSURANCES ACCEPTED: Blue Cross/Shield, Capital Blue Cross, Highmark Blue Shield
	Individual Therapy	\$185	
	Couples/Family Groups	\$185	
		\$50	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/29/23			



Northampton Community College

NAME: Timothy C. DeMott, MA		ADDRESS: 2806 Hamilton Blvd. Allentown, PA 18104	
TELEPHONES: (610) 841-4966			
EMAIL: tim@timdemott.com		WEBSITE: http://www.timdemott.com	
DEGREE/LICENSE: MA		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders	X	Family X
	Grief & Loss		Groups (<i>Please list</i>):
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other
	Sexual Assault/Rape		ADHD evaluation, play therapy, Christian (if desired)
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Autism, adoption/foster Care, child abuse, divorce	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian	
FEES:	Initial Consultation		INSURANCES ACCEPTED: Call for rates
	Individual Therapy		
	Couples/Family		
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Michael Dolan		ADDRESS: 2341 Walbert Ave. Allentown, PA 18104	
TELEPHONES: (610) 434-2431			
EMAIL:		WEBSITE: www.communitypsychservices.com	
DEGREE/LICENSE: Psy.D., CAADC		THERAPY APPROACH/ORIENTATION: Addiction specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (Please list):
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Act 235 - weapons		ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$160	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$120	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/15/23			



Northampton Community College

NAME: Lorraine M. Dorfman, Ph.D.		ADDRESS: Cedar Crest Professional Park 1251 S. Cedar Crest Blvd., Suite 208B Allentown, PA 18103	
TELEPHONES: (610) 740-0755		WEBSITE: www.drlorrainemdorfman.com	
EMAIL:		DEGREE/LICENSE: Ph.D.	
DEGREE/LICENSE: Ph.D.		THERAPY APPROACH/ORIENTATION: CBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
			Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		Wheelchair access	
		# YEARS IN PRACTICE:	
		30+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Capital Blue Cross, Highmark, Anthem, Horizon, Blue Cross
	Individual Therapy	\$155	
	Couples/Family	\$155	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 10/17/22			



Northampton Community College

NAME: Nancy Dutt		ADDRESS: 559 Main St., Suite 242 Bethlehem, PA 18018	
TELEPHONES: (610) 972-0324, (610) 865-2288			
EMAIL: nduttlpc@gmail.com		WEBSITE: Nduttbethlehemcounseling.com	
DEGREE/LICENSE: MA, LPC		THERAPY APPROACH/ORIENTATION: Personalized	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss	X	Family
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Life transitions, codependency	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Bonita Fisher, Psy.D.		ADDRESS: 2591 Baglyos Circle, C-44 Bethlehem, PA 18020	
TELEPHONES: (484) 895-4988			
EMAIL: bonitafisherpsyde@rcn.com		WEBSITE: www.bonitafisherpsyd.com	
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: Solution oriented CBT, telehealth only	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues		Individual
	Obsessive Compulsive Disorder	X	Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury		Other TBI/MTBI rehab
	Sexual Assault/Rape		Forensic evaluation Nutritional awareness
	Substance Abuse/Addictions		Gut brain biome biopsychosocial
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
X	Other	Sleep hygiene	ACCOMMODATIONS FOR DISABLED:
		Chronic pain	Non-verbal testing
		autism	# YEARS IN PRACTICE:
		parenting	25+
LANGUAGES SPOKEN BESIDES ENGLISH: French		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Islam, international student houseparent,	
FEES:	Initial Consultation	\$187.50 (90)	INSURANCES ACCEPTED: Aetna, Capital Blue Cross, Highmark, Magellan, Medicare, Tricare, no Medicaid
	Individual Therapy	\$175.00 (50)	
	Couples/Family	\$125.00	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22



Northampton Community College

NAME: Ann Friedenheim, MS, LPC		ADDRESS: 1320 Hausman Rd., Ste. 202 Allentown, PA 18104	
TELEPHONES: (484) 436-4459			
EMAIL: annfriedenheim@icloud.com		WEBSITE: http://www.annfriedenheim.com	
DEGREE/LICENSE: MS, LPC, CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR, play therapy,
X	Sexual Assault/Rape		Sand play, yoga,
X	Substance Abuse/Addictions		mindfulness
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Sexual abuse, domestic violence		ACCOMMODATIONS FOR DISABLED: yes
			# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Amerihealth, Blue Cross/Shield, Highmark, Integrated Behavioral Healthy, Valley Preferred
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/16/22			

NAME: Glenn R. Koch and Associates, LLC		ADDRESS: 961 Marcon Blvd., Suite 312 Allentown, PA 18109	
TELEPHONES: (610) 266-0610			
EMAIL:		WEBSITE: https://www.glenrokochandassociates.com	
DEGREE/LICENSE: Masters/Doctorate		THERAPY APPROACH/ORIENTATION: Outpatient and IOP mental behavioral health	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Bariatric surgery,
	Grief & Loss		Trauma, substance abuse, eating disorders,
X	Learning Disabilities		aftercare addiction treatment, social skills
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other Addiction IOP, play therapy (kids),
	Sexual Assault/Rape		Critical incident debriefing, bariatric
X	Substance Abuse/Addictions		Surgery evaluations, applied
	Trauma/PTSD		Behavioral analysis
X	Veterans Issues		
	Women's Issues		
X	Other Life skills coaching		ACCOMMODATIONS FOR DISABLED:
	First Responder		
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
Updated 11/15/23			



Northampton Community College

NAME: Beth R. Golden, Ph.D.		ADDRESS: 65 E. Elizabeth Ave., Ste. 412 Bethlehem, PA 18018	
TELEPHONES: (908) 310-4421		WEBSITE: No	
EMAIL: Brg04@embarqmail.com		THERAPY APPROACH/ORIENTATION: Integrative psychodynamic (specialty in college age and young adult clients)	
DEGREE/LICENSE: PA Licensed Psychologist, Ph.D.			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders	X	Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other College age young adult	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		30+	
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Highmark Blue Shield, Capital Blue Cross, Medicare
	Individual Therapy	\$150	
	Couples/Family	\$160	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
Updated 11/15/23			

NAME: Cheryl Gombocz		ADDRESS: 35 E. Elizabeth Ave., Ste. 213D Bethlehem, PA 18018	
TELEPHONES: (484) 488-7131			
EMAIL: cherylwaitlpc@gmail.com		WEBSITE: www.psychologytoday.com/us/therapists/cheryl-waite-bethlehem-pa/427583	
DEGREE/LICENSE: LPC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent: 15+
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
x	Other	Self-esteem	ACCOMMODATIONS FOR DISABLED:
		Family/parenting	Wheelchair accessible
			# YEARS IN PRACTICE:
			17
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$OOP 90	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, Capital, Highmark, Optum/United
	Individual Therapy	\$OOP 90	
	Couples/Family Extended – each add'l 15 min.	\$N/A	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 11/22/23



Northampton Community College

NAME: Jackie Gower, LPC		ADDRESS: 1 E. Broad St., Ste. 130-1073 Bethlehem, PA 18018	
TELEPHONES: (610) 866-6855		WEBSITE: http://www.womenssolutions.com	
EMAIL: Wsolv@yahoo.com		THERAPY APPROACH/ORIENTATION: Eclectic, virtual	
DEGREE/LICENSE: LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Abuse		
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			20
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Capital Blue Cross, Populytics, Highmark Blue Shield, United Behavioral Health. No Medicare or Medicaid
	Individual Therapy	\$150	
	Couples/Family	\$150	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/20/23			

NAME: Dana M. Greene, M.Ed.		ADDRESS: 3201 Highfield Dr., Ste. J Bethlehem, PA 18020	
TELEPHONES: (610) 866-7558		WEBSITE:	
EMAIL: danamgreenepc@aol.com		DEGREE/LICENSE: M.Ed., CAC Diplomate, LPC	
DEGREE/LICENSE: M.Ed., CAC Diplomate, LPC		THERAPY APPROACH/ORIENTATION: Cognitive behavioral/eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups (Please list):
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	ADHD	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		30+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Berkshire, Capital Blue Cross, CIGNA, Highmark Blue Shield, IBH, IBC
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
	Yes		No
		X	
Updated 10/17/22			

NAME: Christine Hartigan		ADDRESS: 2132 S. 12 th St., Ste. 402 Allentown, PA 18103	
TELEPHONES: (610) 392-6362			
EMAIL: HLPsych2132@gmail.com		WEBSITE: www.hlpsych.com	
DEGREE/LICENSE: Psy.D., CAADC		THERAPY APPROACH/ORIENTATION: Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders	X	Groups (<i>Please list</i>): Codependency
X	Grief & Loss		recovery
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other: Gender assessment for surgery
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Codependency, transgender	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Transgender Competent Gender assessments for surgery	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Cross/Shield, Capital Blue Cross, Highmark, LVHN/Populytics/Choice Plus, Medicaid
	Individual Therapy	\$200	
	Group	\$ 50	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/17/23

NAME: Laurie D. Harford, Psy.D.			ADDRESS: 825 N. Cedar Crest Blvd. Allentown, PA 18104		
TELEPHONES: (610) 820-4006			WEBSITE:		
EMAIL: drharford@enter.net			DEGREE/LICENSE: Psy.D.		
DEGREE/LICENSE: Psy.D.			THERAPY APPROACH/ORIENTATION: Transtheoretical		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
X	Career Decisions/Exploration			Crisis Intervention	
X	Depression			Education Testing	
	Disability/Chronic Illness			Marriage	Family X
X	Eating Disorders			Groups (<i>Please list</i>):	
X	Grief & Loss				
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
X	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
X	Self-Injury			Other	
X	Sexual Assault/Rape				
	Substance Abuse/Addictions				
X	Trauma/PTSD				
	Veterans Issues				
X	Women's Issues				
	Other				
			ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE:		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross PPO/POS, Highmark Blue Shield, Medicare, no managed care		
	Individual Therapy	\$			
	Couples/Family	\$			
SLIDING SCALE AVAILABLE:					
	Yes	X	No		
			Updated 10/17/22		

NAME: William Harker		ADDRESS: 2061 Fairview Ave. Easton, PA 18042	
TELEPHONES: (610) 810-5048		WEBSITE:	
EMAIL: Wjh40@columbia.edu		DEGREE/LICENSE: LGSW	
		THERAPY APPROACH/ORIENTATION: Existential, mindfulness-based, cognitive, and emotionally focused	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Marital/pre-marital, spirituality	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		35+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian	
FEES:	Initial Consultation	\$0	INSURANCES ACCEPTED: Aetna, Highmark Blue Cross, Medicare
	Individual Therapy	\$60-150	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No



				Updated 11/16/23
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NAME: Maria Heaton, MS	ADDRESS: 3606B Nicholas St. Easton, PA 18045
TELEPHONES: (610) 882-2212	
EMAIL: mheaton@rcn.com	WEBSITE:
DEGREE/LICENSE: MS	THERAPY APPROACH/ORIENTATION: Client-centered

Please check all that apply [X]

SPECIALIZATIONS:	MODALITIES OFFERED:
<input type="checkbox"/> Anger & Emotion Regulation	<input checked="" type="checkbox"/> Child/Adolescent
<input checked="" type="checkbox"/> Anxiety/Panic	<input checked="" type="checkbox"/> Couples
<input checked="" type="checkbox"/> Career Decisions/Exploration	<input type="checkbox"/> Crisis Intervention
<input checked="" type="checkbox"/> Depression	<input type="checkbox"/> Education Testing
<input type="checkbox"/> Disability/Chronic Illness	<input checked="" type="checkbox"/> Marriage <input type="checkbox"/> Family <input checked="" type="checkbox"/>
<input type="checkbox"/> Eating Disorders	<input type="checkbox"/> Groups <i>(Please list):</i>
<input checked="" type="checkbox"/> Grief & Loss	
<input checked="" type="checkbox"/> Learning Disabilities	
<input type="checkbox"/> LGBTQ Issues	
<input type="checkbox"/> Men's Issues	<input checked="" type="checkbox"/> Individual
<input checked="" type="checkbox"/> Obsessive Compulsive Disorder	<input type="checkbox"/> Neurological/Neuropsychological Assessment
<input type="checkbox"/> Personality Disorders	<input type="checkbox"/> Pastoral Counseling
<input checked="" type="checkbox"/> Relationship Issues/Divorce	<input type="checkbox"/> Psychological Assessment
<input type="checkbox"/> Self-Injury	<input type="checkbox"/> Other
<input type="checkbox"/> Sexual Assault/Rape	
<input type="checkbox"/> Substance Abuse/Addictions	
<input checked="" type="checkbox"/> Trauma/PTSD	
<input type="checkbox"/> Veterans Issues	
<input type="checkbox"/> Women's Issues	
<input checked="" type="checkbox"/> Other <input type="checkbox"/> Adjustment disorder	ACCOMMODATIONS FOR DISABLED:
	yes
	# YEARS IN PRACTICE:
	10+

LANGUAGES SPOKEN BESIDES ENGLISH: none	EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: International students						
FEES: <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Initial Consultation</td> <td style="width: 20%;">\$</td> </tr> <tr> <td>Individual Therapy</td> <td>\$100</td> </tr> <tr> <td>Couples/Family</td> <td>\$</td> </tr> </table>	Initial Consultation	\$	Individual Therapy	\$100	Couples/Family	\$	INSURANCES ACCEPTED: Aetna, AmeriHealth, Blue Cross/Shield, Capital Blue Cross, Highmark, Highmark Blue Shield, United Healthcare, out-of-network
Initial Consultation	\$						
Individual Therapy	\$100						
Couples/Family	\$						

SLIDING SCALE AVAILABLE:	
<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Updated 10/17/22



Northampton Community College

NAME: Thomas C. Helm, LPC		ADDRESS: Valley Counseling Group 65 E. Elizabeth Ave., Ste. 301A Bethlehem, PA 18018	
TELEPHONES: (610) 974-8500		WEBSITE: Detoxrehab.com	
EMAIL: Drtom4@verizon.net		DEGREE/LICENSE: D.Min., LPC	
DEGREE/LICENSE: D.Min., LPC		THERAPY APPROACH/ORIENTATION: SUD specialty	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage Family
X	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	x	Other Biopsychosocial evaluations, D & A assessments
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	DUI	ACCOMMODATIONS FOR DISABLED:
		Domestic Violence	
			# YEARS IN PRACTICE: 20+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, CIGNA, Highmark, HPO, Populytics (LVHN), United Behavioral Health, Medicaid
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Carol Herzon-Loney, M.Ed.		ADDRESS: Penn Counseling 2030 Lehigh St., #107 Easton, PA 18045	
TELEPHONES: (610) 253-3453		WEBSITE:	
EMAIL: Cherzon0314@gmail.com		DEGREE/LICENSE: M.Ed., Certified sexuality counselor	
DEGREE/LICENSE: M.Ed., Certified sexuality counselor		THERAPY APPROACH/ORIENTATION: psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
	Depression		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (<i>Please list</i>):
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	AASECT certified sexuality	ACCOMMODATIONS FOR DISABLED:
	Counselor, sexual deviance and dysfunction		# YEARS IN PRACTICE: 30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for rates
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Patti Hoyt		ADDRESS: Sexual Addiction Treatment Services 190 Brodhead Rd., Suite 107 Bethlehem, PA 18055	
TELEPHONES: Office: (610) 844-7180 Cell: (610) 509-9409			
EMAIL: PattiHoytLPC@gmail.com		WEBSITE: https://sexualaddictiontreatmentservices.com	
DEGREE/LICENSE: MA, LPC, CAADC, CSAT		THERAPY APPROACH/ORIENTATION: Solution-focused, motivational interviewing, EFT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
X	Eating Disorders/body language	X	Groups (<i>Please list</i>): sexual & pornography addiction
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		4+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christian (M.Div.)	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None
	Individual Therapy	\$	
	Couples/Family	\$	



Northampton Community College

SLIDING SCALE AVAILABLE:					
	Yes	X	No		
					Updated 10/17/22
NAME: Paul LaChance			ADDRESS: 133 N. 4 th St. Easton, PA 18042		
TELEPHONES: (908) 235-8489					
EMAIL: pjlachance@outlook.com			WEBSITE: www.pauljlachance.com		
DEGREE/LICENSE: LPC			THERAPY APPROACH/ORIENTATION: Gottman Institute Interventions (couples/relationship issues, focusing-oriented psychotherapy, ACT, Trauma Informed CBT, anger, management classes)		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation			Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration		X	Crisis Intervention	
X	Depression/Suicidality			Education Testing	
	Disability/Chronic Illness		X	Marriage	Family
	Eating Disorders			Groups <i>(Please list):</i>	
X	Grief & Loss				
X	Learning Disabilities				
X	LGBTQ Issues				
X	Men's Issues		X	Individual	
X	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
X	Self-Injury			Other	
X	Sexual Assault/Rape				
	Substance Abuse/Addictions				
X	Trauma/PTSD				
X	Veterans Issues				
	Women's Issues				
X	Other	Spiritual issues/discernment, ADHD, executive dysfunction	ACCOMMODATIONS FOR DISABLED:		
			# YEARS IN PRACTICE: 10+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Christianity, eastern religions, Islam		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:		
	Individual Therapy	\$	Fee for service, out-of-network billing, Highmark Blue Shield		
	Couples/Family	\$			
SLIDING SCALE AVAILABLE:					



Northampton Community College

X	Yes		No		
					Updated 11/15/23

NAME: Carol Lee			ADDRESS: 430 Main St. Hellertown, PA 18036		
TELEPHONES: (610) 217-7776			WEBSITE: www.carolaleecounseling.com		
EMAIL: Carolalee.lpc@gmail.com			THERAPY APPROACH/ORIENTATION: Eclectic/client-centered/solution-focused/humanistic/Jungian		
DEGREE/LICENSE: M.Ed., LPC, NCC					
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
X	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic			Couples	
X	Career Decisions/Exploration		X	Crisis Intervention	
X	Depression/Suicidality			Education Testing	
	Disability/Chronic Illness		X	Marriage	Family X
	Eating Disorders		X	Groups <i>(Please list):</i>	
X	Grief & Loss				
	Learning Disabilities				
X	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
X	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
	Other				
			ACCOMMODATIONS FOR DISABLED:		
			No		
			# YEARS IN PRACTICE:		
			15+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:		
	Individual Therapy	\$	AmeriHealth, Blue Cross/Shield, Highmark,		
	Couples/Family	\$	Magellan Behavioral Health (commercial), Populytics, Tricare		
SLIDING SCALE AVAILABLE:					
X	Yes		No		
					Updated 10/17/22

NAME: Laurel Leland		ADDRESS: Center for Psychological Development 1250 Greenwood Dr. Bethlehem, PA 18017	
TELEPHONES: (610) 868-1577		WEBSITE: https://cpd3.com/laurel-a-leland-m-s	
EMAIL: LelandLA@aol.com		THERAPY APPROACH/ORIENTATION: Focus-oriented, EMDR, NLP	
DEGREE/LICENSE: MS, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
X	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	College student issues	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$150 1 hr. \$125-45 min. \$90-30 min.	



Northampton Community College

SLIDING SCALE AVAILABLE:					
X	Yes		No		
					Updated 10/17/22

NAME: Edward Lundeen			ADDRESS: 2245 Walbert Ave. Allentown, PA 18104		
TELEPHONES: (610) 820-8499			WEBSITE: www.edlundeenphd.com		
EMAIL:			DEGREE/LICENSE: Ph.D., PC		
			THERAPY APPROACH/ORIENTATION: Holistic, strengths-based		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration			Crisis Intervention	
X	Depression/Suicidality			Education Testing	
	Disability/Chronic Illness		X	Marriage	Family X
	Eating Disorders			Groups (<i>Please list</i>):	
	Grief & Loss				
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
X	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
X	Other	Marital difficulties, Thought disorders		ACCOMMODATIONS FOR DISABLED:	
				# YEARS IN PRACTICE: 25+	
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:		
	Individual Therapy	\$50	Blue Cross/Shield, Capital Blue Cross, Highmark Blue Shield		
	Couples/Family Extended – each add'l 15 min.	\$50 125			
SLIDING SCALE AVAILABLE:					
X	Yes		No		



				Updated 10/17/22
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NAME: Kimberly Luybli		ADDRESS: 23 N. 6 th St. Emmaus, PA 18049	
TELEPHONES: (610) 866-2777			
EMAIL: kluybli@ptd.net		WEBSITE: www.kluybli.com	
DEGREE/LICENSE: M.Ed., LPC, NCC		THERAPY APPROACH/ORIENTATION: Insight-oriented, strengths-based	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other		ACCOMMODATIONS FOR DISABLED:
	Self-esteem/acceptance/trust,		
	life transitions/personal		
	growth, coping skills		# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross, Highmark Blue Shield Call for out-of-pocket rates
	Individual Therapy	\$	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No



				Updated 10/17/22
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NAME: Anne Brainerd Marko Director of Allentown Outpatient Services	ADDRESS: Pinebrook Family Answers 402 N. Fulton St. Allentown, PA 18102
TELEPHONES: (610) 432-3919, x1171	WEBSITE: www.pbfalv.org
EMAIL: amarko@pbfalv.org	THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, art therapy, play therapy
DEGREE/LICENSE: Interns completing Masters in Counseling, Clinicians, LPCs	

Please check all that apply [X]

SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other Psychiatric assessment
	Sexual Assault/Rape		Medications management
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other ADHD		ACCOMMODATIONS FOR DISABLED:
			Accessible ramp, restrooms, offices
			# YEARS IN PRACTICE:

LANGUAGES SPOKEN BESIDES ENGLISH:	EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:
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FEES:	Initial Consultation	\$140	INSURANCES ACCEPTED: Aetna, Blue Cross/Shield, Capital Blue Cross, CCBH, Highmark Blue Shield, Independence Blue Cross, Medicaid
	Individual Therapy	\$85	
	Couples/Family	\$100	
	Psychiatric Evaluation	\$200	



Northampton Community College

SLIDING SCALE AVAILABLE:					
	Yes	X	No		
					Updated 10/17/22

NAME: Laurane McGlynn			ADDRESS: Center for Counseling and Wellness 3005 Brodhead Rd., Ste. 286 Bethlehem, PA 18020		
TELEPHONES: (610) 248-6907			WEBSITE: www.drlaurnemcglynn.com		
EMAIL: Drmcglynn6@gmail.com			THERAPY APPROACH/ORIENTATION: Mindfulness-based, somatic, contemplative		
DEGREE/LICENSE: Psy.D.					
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
	Anger & Emotion Regulation		X	Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration			Crisis Intervention	
X	Depression/Suicidality			Education Testing	
X	Disability/Chronic Illness			Marriage	Family X
X	Eating Disorders		X	Groups (<i>Please list</i>): Interpersonal General	
X	Grief & Loss			Therapy process group, mindfulness-based stress reduction	
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
X	Relationship Issues/Divorce			Psychological Assessment	
	Self-Injury		X	Other	Breathwork, bodywork
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
X	Other	Life transitions		ACCOMMODATIONS FOR DISABLED:	
		Spiritual/existential concerns			
		Mindfulness/meditation		# YEARS IN PRACTICE:	
				15+	
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Blue Cross/Shield, Comcast, Empire Blue Cross/Shield, Exxon, Geisinger, Highmark, Keystone Central HMO, etc.		
	Individual Therapy	\$175			
	Private pay discount	\$25			
SLIDING SCALE AVAILABLE:					



Northampton Community College

	Yes	X	No	
				Updated 10/17/22

NAME: Wester Messina, LPC	ADDRESS: 35 E. Elizabeth Ave., Ste. 29B Bethlehem, PA 18018
TELEPHONES: (484) 358-1050, (484) 652-8239	
EMAIL:	WEBSITE:
DEGREE/LICENSE: LPC	THERAPY APPROACH/ORIENTATION: Mindfulness-based cognitive therapy, ego-state Therapies, emotion-focused therapy

Please check all that apply [X]

SPECIALIZATIONS:		MODALITIES OFFERED:		
X	Anger & Emotion Regulation		Child/Adolescent	
X	Anxiety/Panic	X	Couples	
X	Career Decisions/Exploration		Crisis Intervention	
X	Depression/Suicidality		Education Testing	
	Disability/Chronic Illness	X	Marriage Family X	
	Eating Disorders		Groups (Please list):	
X	Grief & Loss			
	Learning Disabilities			
	LGBTQ Issues			
	Men's Issues	X	Individual	
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment	
	Personality Disorders		Pastoral Counseling	
X	Relationship Issues/Divorce		Psychological Assessment	
	Self-Injury		Other	
X	Sexual Assault/Rape			
X	Substance Abuse/Addictions			
X	Trauma/PTSD			
	Veterans Issues			
	Women's Issues			
X	Other	parenting	ACCOMMODATIONS FOR DISABLED:	
		work-related stress		
		stress management	# YEARS IN PRACTICE:	
		gambling		
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Aetna, Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Independence Blue Cross, Optum, Populytics, etc.	
	Individual Therapy	\$		
	Couples/Family	\$		
SLIDING SCALE AVAILABLE:				
X	Yes		No	
				Updated 10/17/22



Northampton Community College

NAME: Felicia Moore		ADDRESS: 1733 Washington Blvd., Suite 108 Easton, PA 18042	
TELEPHONES: (610) 601-5950			
EMAIL: felicia@fjmoorecounseling.com		WEBSITE: http://fjmoorecounseling.com	
DEGREE/LICENSE: MA, LPC, NCC		THERAPY APPROACH/ORIENTATION: CBT, solution focused, mindfulness	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Transgender issues	ACCOMMODATIONS FOR DISABLED:
		Gender identity	Wheelchair accessible
			# YEARS IN PRACTICE:
			7+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED:
	Individual Therapy	\$175	Most insurances
	Couples/Family	\$200	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Emily Moriarty		ADDRESS: Allentown Women's Ctr. 31 S. Commerce Way, Ste. 100 Bethlehem, PA 18017	
TELEPHONES: (484) 821-0821, x35, (610) 419-8155		WEBSITE: www.allentownwomenscenter.com/therapeutic-counseling-services	
EMAIL: emily@allentownwomenscenter.com		DEGREE/LICENSE: M.Ed., LPC	
		THERAPY APPROACH/ORIENTATION: Specialist in gender and sexuality issues	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Post-abortion issues	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$ free	INSURANCES ACCEPTED: None
	Individual Therapy	\$	
	Couples/Family	\$	
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Philip A. Nastasee, Ph.D.		ADDRESS: 216 N. 4 th St. Emmaus PA 18049	
TELEPHONES: (610) 966-5131			
EMAIL: Dr.Nastasee@rcn.com		WEBSITE: http://www.nastasee.com	
DEGREE/LICENSE: Ph.D.		THERAPY APPROACH/ORIENTATION: personalized	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury	X	Other EMDR, Clinical Hypnosis
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Development transitions	ACCOMMODATIONS FOR DISABLED:	
	Family reconciliation	40+	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None – receipts provided for out-of-network benefits
	Individual Therapy	\$	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Olivewood Counseling		ADDRESS: 510 Delaware Ave. Bethlehem, PA 18015	
TELEPHONES: (610) 417-0463			
EMAIL:		WEBSITE: Olivewoodcounseling.com	
DEGREE/LICENSE: Masters level and licensed		THERAPY APPROACH/ORIENTATION: CBT, DBT, trauma-informed	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Sensory processing disorders	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Allison Otto		ADDRESS: Otto Psychological Associates, LLC 2132 S. 12 th St., Suite 103 Allentown, PA 18103	
TELEPHONES: (484) 350-3447		WEBSITE: www.ottopsych.com	
EMAIL: allisonpsych@gmail.com		DEGREE/LICENSE: Psy.D.	
DEGREE/LICENSE: Psy.D.		THERAPY APPROACH/ORIENTATION: eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>):
	Grief & Loss		
X	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce	X	Psychological Assessment
	Self-Injury	X	Other Personality assessment
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other Self-esteem		ACCOMMODATIONS FOR DISABLED:
	Act 235 evaluation		
			# YEARS IN PRACTICE:
			5+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances Clinicians and doctoral trainees available for low-income clients
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: E. Christopher Payne, Ph.D.		ADDRESS: 628 Twin Ponds Rd. Breinigsville, PA 18031	
TELEPHONES: (610) 434-7820		WEBSITE: http://www.advocatesforbehavioralchange.com	
EMAIL:		DEGREE/LICENSE: Ph.D., licensed psychologist	
		THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
X	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	ADHD	ACCOMMODATIONS FOR DISABLED:
		Bipolar disorder	
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: 25+	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Most insurances
	Individual Therapy	\$155	
	Couples/Family	\$55	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22

NAME: Denise Pollack, M.Ed., LPC, NCC		ADDRESS: Denise Pollack Counseling Remote - Telehealth	
TELEPHONES: (610) 392-3862			
EMAIL: denisekpollack@gmail.com		WEBSITE: http://www.denisepollackcounseling.com	
DEGREE/LICENSE: M.Ed., LPC, NCC		THERAPY APPROACH/ORIENTATION: CBT, solution focused, psychodynamic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	parenting	ACCOMMODATIONS FOR DISABLED:
		Life transitions	yes
			# YEARS IN PRACTICE:
			20+
LANGUAGES SPOKEN BESIDES ENGLISH: none		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances accepted
	Individual Therapy	\$120 - 60	
	Couples/Family Extended – each add'l 15 min.	\$160 - 90	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 11/16/23

NAME: Psychology Associates of Bethlehem		ADDRESS: 264 E. Broad St. Bethlehem, PA 18018	
TELEPHONES: (610) 866-9311		2222 Sullivan Trail Easton, PA 18040	
EMAIL: frontdesk@pabpc.com		WEBSITE: www.pabpc.com	
DEGREE/LICENSE: Phy.D., Psy.D., Licensed Psychologists/Neuropsychologists		THERAPY APPROACH/ORIENTATION: CBT, Psychodynamic, Neuropsychology, Behavioral & Learning	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality	X	Education Testing
X	Disability/Chronic Illness	X	Marriage
X	Eating Disorders	X	Family X
X	Grief & Loss	X	Groups <i>(Please list):</i>
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder	X	Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce	X	Psychological Assessment
X	Self-Injury	X	Other
X	Sexual Assault/Rape		Emotional/personality, pre-surgery, Police/firefighter, neuropsychological, biofeedback, neurofeedback
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
X	Other	Tobacco dependence	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish, American sign language		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$160	INSURANCES ACCEPTED: All
	Individual Therapy	\$120	
	Couples/Family	\$120	
SLIDING SCALE AVAILABLE:			
	Yes	X	No

				Updated 10/17/22	
NAME: Wendy Rapoport			ADDRESS: Jewish Family Services of the Lehigh Valley 2004 W. Allen St. Allentown, PA 18104		
TELEPHONES: (610) 821-8722, x116					
EMAIL: wrapoport@jfslv.org			WEBSITE: https://jfslv.org/about/staff/wendy-raपोport		
DEGREE/LICENSE: MSW, LCSW			THERAPY APPROACH/ORIENTATION: Insight-oriented		
<i>Please check all that apply [X]</i>					
SPECIALIZATIONS:			MODALITIES OFFERED:		
	Anger & Emotion Regulation			Child/Adolescent	
X	Anxiety/Panic		X	Couples	
	Career Decisions/Exploration			Crisis Intervention	
X	Depression/Suicidality			Education Testing	
	Disability/Chronic Illness		X	Marriage	Family X
	Eating Disorders			Groups (Please list):	
	Grief & Loss				
	Learning Disabilities				
	LGBTQ Issues				
	Men's Issues		X	Individual	
	Obsessive Compulsive Disorder			Neurological/Neuropsychological Assessment	
	Personality Disorders			Pastoral Counseling	
	Relationship Issues/Divorce		X	Psychological Assessment	
	Self-Injury			Other	
	Sexual Assault/Rape				
	Substance Abuse/Addictions				
	Trauma/PTSD				
	Veterans Issues				
	Women's Issues				
X	Other	Self-esteem	ACCOMMODATIONS FOR DISABLED:		
		Chronic mental illness			
			# YEARS IN PRACTICE:		
			20+		
LANGUAGES SPOKEN BESIDES ENGLISH:			EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Judaism		
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:		
	Individual Therapy	\$	Accepts many insurances – call for out-of-pocket rates		
	Couples/Family Extended – each add'l 15 min.	\$			
SLIDING SCALE AVAILABLE:					
	Yes		No		
				Updated 10/17/22	

NAME: Katherine Restuccia, Psy.D.		ADDRESS: 227 W. Broad St., #202 Bethlehem, PA 18018	
TELEPHONES: (610) 317-9976			
EMAIL:		WEBSITE: drkatherinerestuccia.com	
DEGREE/LICENSE: Psy.D., Clinical Psychologist		THERAPY APPROACH/ORIENTATION: Insight oriented/variable for needs	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
X	Disability/Chronic Illness	X	Marriage Family X
X	Eating Disorders		Groups <i>(Please list):</i>
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other supervision
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other thought disorders	ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: LGBTQ	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Call for coverage No managed care
	Individual Therapy	\$150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Thomas Ritter		ADDRESS: 961 Marcon Blvd., Ste. 312 Allentown, PA 18109	
TELEPHONES: (812) 701-2101			
EMAIL: Drtomr179@gmail.com		WEBSITE: https://www.glennkochandassociates.com	
DEGREE/LICENSE: Ph.D., LPC, CAADC		THERAPY APPROACH/ORIENTATION: CBT, motivational interviewing, trauma-focused	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders		Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
	Women's Issues		
X	Other	First responders	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			15+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: None Call for rates
	Individual Therapy	\$150-200	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 11/16/23			

NAME: Jesus A. Salas		ADDRESS: Center for Integrative Psychotherapy, PC 1251 S. Cedar Crest Blvd., Ste. 211D Allentown, PA 18103	
TELEPHONES: (610) 432-5066		WEBSITE: www.cip-cbt.com	
EMAIL: jsalas@cip-cbt.com		DEGREE/LICENSE: Psy.D. ABPP/PS015605	
DEGREE/LICENSE: Psy.D. ABPP/PS015605		THERAPY APPROACH/ORIENTATION: CBT	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): panic disorder, social
	Grief & Loss		Phobia, OCD, transdiagnostic skill group
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other social anxiety disorder		ACCOMMODATIONS FOR DISABLED:
	body dysmorphic disorder		
	specific phobias, illness,		# YEARS IN PRACTICE:
	Anxiety disorder		17+
LANGUAGES SPOKEN BESIDES ENGLISH: Spanish		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES: Hispanic, Christian, Catholic	
FEES:	Initial Consultation	\$170	INSURANCES ACCEPTED: Aetna, Blue Cross, Geisinger, Highmark, IBH, Magellan, Medicare, Populytics, Tricare
	Individual Therapy	\$170	
	Couples/Family	\$170	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 11/16/23



Northampton Community College

NAME: Adrienne Schultz		ADDRESS: Angela Lutz & Associates 25 E. Center St., Ste. 4 Nazareth, PA 18064	
TELEPHONES: (484) 554-6183		WEBSITE:	
EMAIL: Adrienneschultz.counseling@gmail.com		DEGREE/LICENSE: M.Ed., LPC	
		THERAPY APPROACH/ORIENTATION: CBT, eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups (Please list):
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Parenting, life transitions	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Blue Cross/Shield, Cigna, Highmark, out-of-network
	Individual Therapy	\$80-125	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Stephen Sell, Psy.D.		ADDRESS: Healing Path Psychology 35 E. Elizabeth Ave., Ste. 26 Bethlehem, PA 18018	
TELEPHONES: (610) 320-2366		WEBSITE: www.healingpathpsych.com	
EMAIL: info@healingpathpsych.com		THERAPY APPROACH/ORIENTATION: CBT, client centered, harm reduction, evidence-based practice	
DEGREE/LICENSE: Psy.D.			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	Marriage	Family X
	Eating Disorders	Groups <i>(Please list):</i>	
	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Marital difficulties, Thought disorders	
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 13+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$175	INSURANCES ACCEPTED: Blue Cross/Shield, Capital, Highmark, Medicare
	Individual Therapy	\$140	
	Couples/Family	\$140	
	Out-of-pocket	\$155	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 11/16/23



Northampton Community College

NAME: Alan Shapiro		ADDRESS: 2240 Farmersville Rd. Bethlehem, PA 18020	
TELEPHONES: (610) 954-5580			
EMAIL: albfree@rcn.com		WEBSITE: alanshapirocounseling.com	
DEGREE/LICENSE: MA, LPC, CAC, MAC, LCADC, PACAADC		THERAPY APPROACH/ORIENTATION: Addictions specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders	X	Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Codependency	ACCOMMODATIONS FOR DISABLED:
		Adult children of alcoholics	
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$125	INSURANCES ACCEPTED: Aetna, AmeriHealth, Highmark Blue Shield, Independence Blue Cross, Magellan, Populytics
	Individual Therapy	\$100	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 10/17/22



Northampton Community College

NAME: Amy Silverman		ADDRESS: 1011 Brookside Rd., #240 Allentown, PA 18106	
TELEPHONES: (610) 432-6300			
EMAIL:		WEBSITE: no	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: CBT, psychodynamic, experiential	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Marital difficulties, Thought disorders	
			ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE: 10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$100	INSURANCES ACCEPTED: Anthem, Blue Cross/Shield, Capital Blue Cross, Highmark, Valley Preferred/LVHN
	Individual Therapy	\$85	
	Couples/Family	\$	
SLIDING SCALE AVAILABLE:			
X	Yes	No	
			Updated 10/17/22



Northampton Community College

NAME: Timothy J. Silvestri, Ph.D.		ADDRESS: Virtual	
TELEPHONES: (610) 751-2024			
EMAIL: TimothySilvestri@gmail.com		WEBSITE: Timothysilvestri.com	
DEGREE/LICENSE: Ph.D., PA Licensed psychologist		THERAPY APPROACH/ORIENTATION: integrationist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (Please list):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other
	Sexual Assault/Rape		short-term therapy workshops
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Performance anxiety	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$150	INSURANCES ACCEPTED: Most insurances
	Individual Therapy	\$150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
		Updated 7/26/23	



Northampton Community College

NAME: Pamela Smith		ADDRESS: 1005 Brookside Rd., Ste. 330 Allentown, PA 18106	
TELEPHONES: (610) 739-9650			
EMAIL: pamelaksmithlpc@gmail.com		WEBSITE:	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: trauma specialist	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (Please list):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	domestic violence	ACCOMMODATIONS FOR DISABLED:
		codependency	
			# YEARS IN PRACTICE:
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Capital Blue Cross, Highmark, Magellan, Populytics
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: Marion Stavin		ADDRESS: Center for Psychological Development 1250 Greenwood Dr. Bethlehem, PA 18017	
TELEPHONES: (610) 866-1577		WEBSITE: http://cpd3.com/marion-stavin-m-a	
EMAIL: mstavin@aol.com		THERAPY APPROACH/ORIENTATION: Eclectic with analytical base	
DEGREE/LICENSE: MA, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups (<i>Please list</i>):
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Custody, adoption	ACCOMMODATIONS FOR DISABLED:
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$90-150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			



Northampton Community College

NAME: Lenore Stine, MAP, LPC		ADDRESS: 51 E. Elizabeth Ave. Bethlehem, PA 18018	
TELEPHONES: (610) 360-7526			
EMAIL: info@lehighvalleycounseling.com		WEBSITE: www.lehighvalleycounseling.com	
DEGREE/LICENSE: MAPC, LPC, Clinical Director		THERAPY APPROACH/ORIENTATION: CBT, spiritual counseling	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage
	Eating Disorders		Family X
	Grief & Loss		Groups (Please list):
X	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders	X	Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury	X	Other
X	Sexual Assault/Rape		Holistic, EMDR
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	spirituality	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		10+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Most insurances, no CHIP
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: James Strohl		ADDRESS: Center for Psychological Development 1250 Greenwood Dr. Bethlehem, PA 18017	
TELEPHONES: (610) 868-1577		WEBSITE: https://cpd3.com	
EMAIL: jimstrohl@gmail.com		THERAPY APPROACH/ORIENTATION: Psychodynamic, humanistic, transpersonal, NLP, focusing-oriented psychotherapy, EMDR	
DEGREE/LICENSE: Ed.D, LPC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	Marriage	Family X
	Eating Disorders	Groups <i>(Please list):</i>	
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other EMDR
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other spirituality	ACCOMMODATIONS FOR DISABLED:	
	Self-esteem/self-acceptance		
		# YEARS IN PRACTICE:	
		35+	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$180	INSURANCES ACCEPTED: Most insurances, Medicare
	Individual Therapy	\$90-150	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 10/17/22			

NAME: Victoria Terascavage		ADDRESS: H & L Psychological Services, LLC 2132 S. 12 th St., Suite 402 Allentown, PA 18103	
TELEPHONES: (610) 915-8487		WEBSITE: www.hlpsych.com	
EMAIL: Victoriariteslpc@gmail.com		DEGREE/LICENSE: LPC	
		THERAPY APPROACH/ORIENTATION: Eclectic, Rogerian, DBT, CBT, Gestalt	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration	X	Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family
	Eating Disorders		Groups (Please list):
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
X	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
	Other	Marital difficulties, Thought disorders	ACCOMMODATIONS FOR DISABLED: Elevator access and handicap accessible
			# YEARS IN PRACTICE: 11+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Highmark Blue Cross/Shield, LVHN, Medicare, Populytics, Aetna, Geisenger, BCBS
	Individual Therapy	\$200	
	Group.	\$50	
SLIDING SCALE AVAILABLE:			
X	Yes		No
Updated 7/17/23			

NAME: Gail-Elaine Tinker		ADDRESS: 35 E. Elizabeth Ave. #31 Bethlehem, PA 18018	
TELEPHONES: (610) 216-4319			
EMAIL: ge@tinkerpsychotherapy.com		WEBSITE: www.tinkerpsychotherapy.com	
DEGREE/LICENSE: MS, LPC		THERAPY APPROACH/ORIENTATION: Mind/body, focusing, expressive therapies	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): autism, chronic pain,
	Grief & Loss		Bibliotherapy, grief
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other hypnosis
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other	Chronic pain	ACCOMMODATIONS FOR DISABLED:
		Adult autism	
			# YEARS IN PRACTICE:
			10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED:
	Individual Therapy	\$	Many insurances, EAPs
	Couples/Family	\$	Call for out-of-pocket rates
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 7/27/23

NAME: Alissa Vreeland		ADDRESS: Renew Wellness & Psychotherapy 641 N. 13 th St., Ste. E101 Easton, PA 18042	
TELEPHONES: (610) 600-9714		WEBSITE: www.alissavreeland.com	
EMAIL: alissavreeland@gmail.com		THERAPY APPROACH/ORIENTATION: Psychodynamic, person-centered theoretical orientation with mindfulness-based CBT influences	
DEGREE/LICENSE: MA, NCC			
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Psychoeducational
	Grief & Loss		Groups on holistic wellness and self-care
	Learning Disabilities		coping
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	parenthood	ACCOMMODATIONS FOR DISABLED:
		Chronic stress/burnout	
			# YEARS IN PRACTICE:
			5+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Accepts HSA and FSA cards
	Individual Therapy	\$	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No



				Updated 10/17/22
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NAME: Chas Wargo		ADDRESS: PO Box 28 Villa Nova, PA 19085	
TELEPHONES: 610-945-8080			
EMAIL: chaswargolmft@gmail.com		WEBSITE: Telehealth/Zoom available	
DEGREE/LICENSE: LMFT		THERAPY APPROACH/ORIENTATION: Client Centered/CBT/Eclectic	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation	X	Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression		Education Testing
	Disability/Chronic Illness	X	Marriage
	Eating Disorders		Family X
X	Grief & Loss		Groups <i>(Please list):</i>
	Learning Disabilities		
X	LGBTQ Issues		
X	Men's Issues	X	Individual
X	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
X	Veterans Issues		
X	Women's Issues		
	Other		
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
		15	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Telehealth available Licensed in PA and NJ
	Individual Therapy	\$125	
	Couples/Family	\$125	
SLIDING SCALE AVAILABLE:			
	Yes		No
			Updated 11/20/23

NAME: Jennifer Weeks, Ph.D., LPC		ADDRESS: 190 Brodhead Rd., Ste. 107 Bethlehem, PA 18017	
TELEPHONES: (610) 844-7180			
EMAIL: drjenniferweeks@gmail.com		WEBSITE: http://www.drjennifrweeks.com	
DEGREE/LICENSE: Ph.D., LPC, CAADC, CSDR-S		THERAPY APPROACH/ORIENTATION: Compulsive sexual behaviors	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic		Couples
	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups <i>(Please list):</i>
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other: Virtual problematic sexual behavior EMDR
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
X	Women's Issues		
X	Other	Addictions: sexual, pornography, cross, internet, co-dependency	ACCOMMODATIONS FOR DISABLED: yes
			# YEARS IN PRACTICE: 10+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$300	INSURANCES ACCEPTED: None
	Individual Therapy	\$175	
	Couples/Family Extended – each add'l 15 min.	\$	
SLIDING SCALE AVAILABLE:			
X	Yes		No
			Updated 10/17/22

NAME: West End Counseling & Wellness		ADDRESS: 5000 W Tilghman St., Suite 370 Allentown, PA 18104	
TELEPHONES: 610-569-0252			
EMAIL: info@westendwell.com		WEBSITE: https://www.westendwell.com	
DEGREE/LICENSE: Multiple Practitioners		THERAPY APPROACH/ORIENTATION:	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
X	Anger & Emotion Regulation		Child/Adolescent
X	Anxiety/Panic	X	Couples
X	Career Decisions/Exploration		Crisis Intervention
X	Depression/Suicidality		Education Testing
	Disability/Chronic Illness	X	Marriage Family X
	Eating Disorders		Groups (<i>Please list</i>):
X	Grief & Loss		
	Learning Disabilities		
X	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
X	Personality Disorders		Pastoral Counseling
X	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury		Other
X	Sexual Assault/Rape		
	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
	Other	Marital difficulties, Thought disorders	
		ACCOMMODATIONS FOR DISABLED:	
		# YEARS IN PRACTICE:	
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$200	INSURANCES ACCEPTED: Aetna, Cigna, Optum/United Health Care, Highmark Blue Shield, Capital Blue Cross, Medicare, Populytics/LVHN, Geisinger
	Individual Therapy	\$175	
	Couples/Family Extended – each add'l 15 min.	\$175	
SLIDING SCALE AVAILABLE:			
	Yes	X	No
		Updated 11/16/23	

NAME: Marie Wilson		ADDRESS: Remote - Telehealth	
TELEPHONES: 610 248 4943			
EMAIL: mwilsonlpc@aol.com		WEBSITE: drmariewilson.com	
DEGREE/LICENSE: Ph.D., LPC, certified sex addiction therapist, board certified art therapist		THERAPY APPROACH/ORIENTATION: CBT, family systems, humanistic, motivational interviewing	
<i>Please check all that apply [X]</i>			
SPECIALIZATIONS:		MODALITIES OFFERED:	
	Anger & Emotion Regulation		Child/Adolescent
	Anxiety/Panic	X	Couples
	Career Decisions/Exploration		Crisis Intervention
	Depression/Suicidality		Education Testing
	Disability/Chronic Illness		Marriage Family X
	Eating Disorders	X	Groups (<i>Please list</i>): Persons in recovery from problematic sexual behavior
	Grief & Loss		
	Learning Disabilities		
	LGBTQ Issues		
	Men's Issues	X	Individual
	Obsessive Compulsive Disorder		Neurological/Neuropsychological Assessment
	Personality Disorders		Pastoral Counseling
	Relationship Issues/Divorce		Psychological Assessment
	Self-Injury	X	Other Art therapy
	Sexual Assault/Rape		
X	Substance Abuse/Addictions		
X	Trauma/PTSD		
	Veterans Issues		
	Women's Issues		
X	Other infidelity		ACCOMMODATIONS FOR DISABLED:
	pornography		
			# YEARS IN PRACTICE:
			30+
LANGUAGES SPOKEN BESIDES ENGLISH:		EXPERTISE IN PARTICULAR CULTURES/RELIGIONS/ETHNICITIES:	
FEES:	Initial Consultation	\$	INSURANCES ACCEPTED: Out-of-network
	Individual Therapy		
	Couples/Family		
	Extended – each add'l 15 min.		
SLIDING SCALE AVAILABLE:			
	Yes	X	No
			Updated 11/16/23